LAKE MCMURTRY

5k

June Bug Jog

Event Information: Lake McMurtry is hosting its 1st Annual June Bug Jog. Bring the whole family or just yourself and enjoy a scenic 3 mile loop around the east side of the lake. This event is non-timed, so come out and walk or run any distance you like, walk 1 lap or run all 3! Be sure to stick around for the raffling off prizes and afterwards spend the rest of your day in the park picnicking, hiking or playing disc golf! A Lake McMurtry meeting will also be held after the race to inform patrons of changes happening at the park.

Location: East side of Lake McMurtry, Stillwater Ok. (A link to a map of the course will be provided online at *lakemcmurtry.com* as well as directions to the lake/event)

Date: Saturday, June 8th, 2013

Time: Check in/Registration will be from 7 am – 7:45 am at the east pavilion (follow directional signs once you enter the park). Race start time is at 8:00 a.m. Time allotted for the run is 1 ½ hours. You will have from 8am till 9:30 am to complete your distance.
*** (please arrive no later than 7:45 am, access road into the park will be closed at 7:45 am!!)

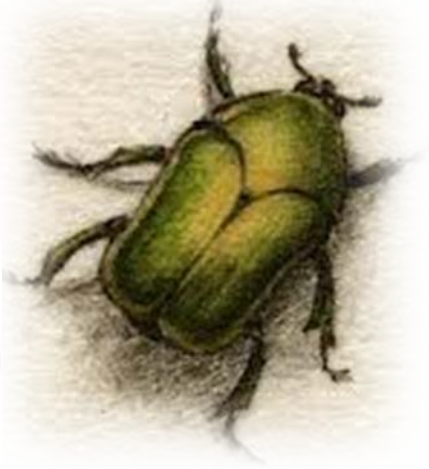
Registration Fee: $20 Adults
$15 Kids (12&under)
$25 day of event.
(T-shirt is included with registration fee. All proceeds go to the non-profit group Lake McMurtry Friends to help maintain and promote the park)

How to register:
1. Pick up registration form at west side lake headquarters, or download it from *lakemcmurtry.com*
2. Fill out 1 registration form for each participant.
3. Mail form with appropriate fees to Lake McMurtry Friends, P.O. Box 1058 Stillwater, OK 74076, return it in person to West Side Lake Headquarters or scan and email it to info@lakemcmurtry.com

For any questions or to help volunteer contact Lake McMurtry Staff at info@lakemcmurtry.com or call **405 747 8085**

June Bug Jog
Registration Form

5k



Name_____

Address_____

City, State, Zip_____

Phone _____ Email _____

Emergency Contact: Name_____
Phone_____ Relationship_____

How did you hear about us

☐Facebook ☐Website ☐Word of Mouth Other_____

Age on Race Day _____ T-Shirt Size: S M L XL
(Adult Sizes)

I, by submitting this form acknowledge that I, know that running a road race is a potentially hazardous activity. I should not enter and run unless I am medically able and properly trained. I also assume any and all other risks associated with running this event including, but not limited to falls, contact with other participants, the effects of the weather and the conditions of the roads, all such risks being known and appreciated by me. Furthermore I agree to yield to all emergency vehicles. Furthermore, I agree not to go back onto the course after finishing. Knowing these facts, and in consideration of Lake McMurtry Friends accepting my entry, I hereby for myself, my heirs, executors, administrators or anyone else who might claim on my behalf, covenant not to sue, and waive and release and discharge any and all race sponsors, race officials, volunteers, local and state police, and all municipalities including any and all of their agents, employees, assigns or anyone acting for or on their behalf from any and all claims or liability for death, personal injury or property damage of any kind or nature whatsoever arising out of, or in the course of, my participating in this event. This release and waiver extends to all claims of every kind or nature whatsoever, foreseen or unforeseen, known or unknown. The BELOW SIGNED further grants full permission to the event organizers, sponsors and or agents authorized by them to use, copyright and/or publish any photographs, video, motion pictures, recordings or any other record of this event in which I appear for any purpose. Application for minor accepted only with a parent or guardian signature.

_____ _____

Participant signature/parent guardian (if under 18) Date

**** Methods of payment**:

- If mailing registration form: check only (make checks payable to Lake McMurtry Friends) Mail to: Lake McMurtry Friends P.O. Box 1058 Stillwater, OK 74076
  ** PLEASE HAVE MAIL POST MARKED NO LATER THAN JUNE 4TH
- If returning registration form to west side headquarters: acceptable payments include cash, check, debit, and credit.
- You may also scan your completed registration form(s) and email to info@lakemcmurtry.com
  With this option, we can take payment via a credit card over the phone. Call 405-747-8085

- NO REFUNDS AVAILABLE -